

# Learn how to turn the prime of your life into the time of your life.

## Speaker Information

Robert Penny III, PhD

- Professional speaker, psychologist, creator of **My Next Chapter™ – Where Do I Go From Here?** seminar program for women, and president of The Penny Group
- Addresses issues related to the successful management of life changes including retirement, empty nest syndrome, re-entering the workforce after a long absence, etc.
- Provides insight into making good choices through successful goal-setting, self evaluation, and personal and peer perceptions



## About the Speaker

An experienced psychologist, successful business owner and creator of **My Next Chapter™ – Where Do I Go From Here?**, a seminar for women, Dr. Robert Penny is an expert in the field of perceptions and their impact on personal relationships and business success. He has spent more than 20 years evaluating peoples' perceptions and has used that information to change the way businesses function, how people communicate, and how middle age women redefine themselves in perhaps the most exciting phase of their lives.

Penny brings both substance and humor (and sometimes a self-evaluation pop quiz!) to his presentations. During his program, Penny discusses personal evaluations, how to make achievable goals and most of all, how to gain a fresh perspective on what's possible. Audiences learn how to tackle some of life's most difficult challenges including retirement, choosing a more rewarding career, going back to work after a long absence, taking a chance on a life-long dream, finding time for me, and many, many more topics.

Penny not only has experience as a psychologist and public speaker, he also has an impressive educational background. Receiving his undergraduate degree cum laude in psychology from Davidson College in 1976, Penny went on to receive both masters and doctoral degrees in psychology and statistics from The University of Chicago in 1977 and 1985 respectively. Penny serves on the Board of Advisors at Providence Day School and several childrens' agencies in Charlotte. He is a member of the American Psychological Association.

Whether you are looking for someone to provide some inspiration to a group gathering, perk up a lunch-time meeting, or end a conference with a bang, Bob Penny is guaranteed to bring meaning and laughter to your occasion. Each of Penny's presentations is tailored to suit each organization's needs and leave a lasting impression on your audience.

## Topics

- **My Next Chapter™ – Where Do I Go From Here?**
- **Redefining Mid-Life For Women**
- **Personal Change**
- **Retirement**
- **Motivation/Inspiration**
- **Personal and Professional Relationships**
- **Life Balance**
- **What About Me?**

*“I came because a friend asked me to join her. I arrived thinking ‘why am I here?’*

*An hour into the first day I was thinking, ‘thank goodness I am here.’*

*I had no idea how much I needed to step back and do this!”*

*— My Next Chapter™ Participant*

**Contact Information:** For further information on Dr. Robert Penny, to inquire about speaking fees, or to schedule him for an upcoming engagement, please call (704) 372-1400 or send an email to [rpenny@thepennygroup.com](mailto:rpenny@thepennygroup.com). For further information about Dr. Penny's seminars for women, or to register for **My Next Chapter™ – Where Do I Go From Here?**, you may also visit [www.mynextchapter.org](http://www.mynextchapter.org).